

# 2024

## USA Volleyball Age Eligibility (by birth month and year)

USAV AGE Level >>	9 & UNDER	10 & UNDER	11 & UNDER	12 & UNDER	13 & UNDER	14 & UNDER	15 & UNDER	16 & UNDER	17 & UNDER	18 & UNDER
Grade*	3rd	4th	5th	6th	7th	8th	9th	10th	11th	12th
JULY	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005
AUG	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005
SEP	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005
OCT	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005
NOV	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005
DEC	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005
JAN	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006
FEB	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006
MAR	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006
APR	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006
MAY	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006
JUN	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006

### NOTES:

- USAV age is, by definition, the age of the athlete on **JULY 1ST OF 2025**.
- Grade is not the primary determinant of USAV age eligibility. We include grade in this list simply as a point of reference.
- Athletes are not allowed to 'play down' [i.e. play an age level lower than indicated above, regardless of grade]
- Generally speaking, Triangle looks to keep athletes in the "peer group" (i.e. grade level) when possible with few exceptions. [i.e. we do not consider a USAV age level 13 who is in 8th grade to be "playing up" if they play 14s]. High school athletes grades 10 or higher considering playing up should contact us in advance of tryouts as it may be appropriate to meet with our recruiting coordinator.
- "Playing Up" - with few exceptions Triangle does not have athletes who 'play up' [i.e. a USAV 13s in 7th grade playing 14s].

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*prepared by Triangle Volleyball Club, 2024*